



# **Fremont Union High School District Campus Climate Presentation**

August 29, 2024

**Trudy Gross, Associate Superintendent for Teaching and Learning  
Alison Coy, Director of Educational Options  
Nancy Sullivan, Director of Educational and Special Services**

# Agenda

- Building a positive campus climate
- Addressing behavioral challenges
- Providing wellness resources
- Implementing *Say Something* Anonymous Reporting System

# Building a positive campus climate

- Personnel
  - Teachers and instructional staff
  - Student Conduct Specialists
  - Administrators
- Expectation Presentations
  - Conduct
  - Student Supports
- Foundation of Involvement
  - Activities/Clubs
  - Athletics

# Addressing behavioral challenges

## Purpose of School-Based Interventions

- Help the student change a negative behavior (one that is getting in the way of success) into one that supports growth, development and success.
- We do this through our skillful application of strategies rooted in behavioral science.



<b>Reward Based</b>	<b>Punitive/ Punishment</b>	<b>Growth Based</b>
<ul style="list-style-type: none"><li>● School system set up to incentivize behaviors</li><li>● Awards and accolades</li></ul>	<ul style="list-style-type: none"><li>● Expulsion</li><li>● Suspension</li><li>● Removed Privileges</li><li>● F Grades</li></ul>	<ul style="list-style-type: none"><li>● Counseling</li><li>● Contracts with monitoring and support</li><li>● Mentoring</li><li>● Intervention Classes</li><li>● Community Service</li></ul>

# Growth Based Interventions

- Instructional
- Reflective
- Restorative



# Instructional

Provides opportunity for students that targets the function of the behavior and helps them **learn** the skills needed to not engage in such behaviors again

- Behavior lessons
- Social skills
- Teaching opportunities

# Reflective

Provides opportunities for students to **reflect** about the decisions they made that led to the discipline

- Reflection sheets
- Role Playing
- Interviews



# Restorative

Provides opportunities for the student to **restore** relationships between themselves and stakeholder(s) they have affected due to the behavior incident.

- Apology
- Student Contracts
- Community Service
- Restitution

# Growth Based Interventions

<p><b>School Linked Services (SLS) Referral for higher level of support</b></p>	<p><b>Saturday School</b> Students assigned in lieu of or in addition to suspension.</p>	<p><b>School Attendance Review Board (SARB)</b></p>
<ul style="list-style-type: none"> <li>● <b>Botvin Life Skills (10-session class)</b></li> <li>● <b>90-Minute Drug Class</b></li> </ul>	<ul style="list-style-type: none"> <li>● <b>Project Insight (8-10 10-session class)</b></li> <li>● <b>Perspectives</b></li> <li>● <b>Other programs as needed</b></li> </ul>	<p><b>Other School-Based Interventions:</b></p> <ul style="list-style-type: none"> <li>● <b>Contracts</b></li> <li>● <b>Site-Based Saturday School</b></li> <li>● <b>Counseling</b></li> <li>● <b>Small Groups</b></li> </ul>

<p><b>Classroom Interventions</b></p>	<p><b>Parent Conferences</b></p>	<p><b>Student Assistance Teams</b></p>	<p><b>Other School Interventions</b>  <b>Referral to School Based Therapist</b></p>
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# FUHSD Growth Based Interventions

- Saturday School
- Intervention classes to support student growth



**Questions?**

# Providing wellness resources

- Social Emotional Learning
- Mental Health Supports

# Wellness – What we are really talking about...

- Social and Emotional Learning (SEL) competencies help students manage the difficulties life brings and maintain good mental health.
- Mental Health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make healthy choices.



# Parent Supports offered last year by FUHSD

- 6-week series of Parenting Classes offered by Rebekah Children's Services
- Webinars with community partners
  - Project Cornerstone
  - My Digital Tat2
  - Kaiser Health
  - Film Screening - Upstanders

# Students participate in Advisories

- Lessons connected to Social Emotional Learning
- Sexual Harassment/Title IX
- Opioids and Overdose Prevention



*Most Advisories - regardless of topic- use “Openers” or “Community Builders” focused on Wellness and Social Emotional Learning*



# Site Resources



- Alpha Group Assistant Principal
- School Counselor
- School Psychologist
- School-Based Therapist
- Behavior Specialist

# Ongoing Mental Health Interventions

- Wellness Check-In Form
- School-Linked Services
- Care Solace
- Short-Term Intensive Behavioral Support Services (STIBS)

# School-Based Therapist Role

A school-based therapist is a licensed marriage and family therapist or a licensed clinical social worker. They provide individual and group school-based mental health services to students.

- Therapy Services
- Intervention meetings
- Staff and parent consultation
- Classroom support





**Questions?**

**SAY SOMETHING**

ANONYMOUS REPORTING SYSTEM

## Program Overview





**Sandy Hook  
Promise**



## Our Mission

End school shootings and create a culture change that prevents violence and other harmful acts that hurt children.

Sandy Hook  
**P R O M I S E**



## Our Programs



<http://www.sandyhookpromise.org>



# Our Impact

85,000+ educators & 14 million  
2,100+ students helped  
people in 1,000+ schools  
pursuing mental health



# Backg round

## Warning Signs or Threats

70% of people who were attacked by a school shooter or signs that indicated a potential attack or other type of warning

# Our Eyes and Ears

18 percent of social media  
day copycat associations



# Signs are NOT reported when...

Students may not recognize the signs and threats

don't mean it

snitch

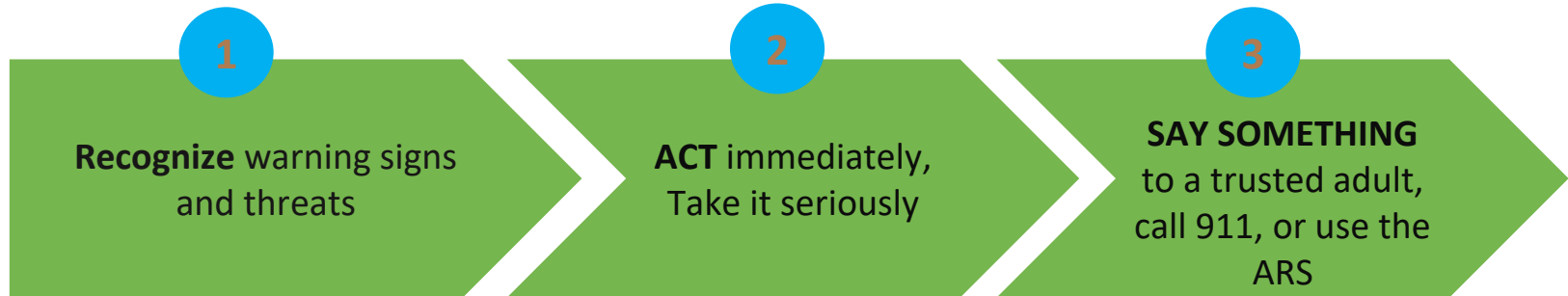
someone else  
will tell

## What is the






Teaches youth how to recognize warning signs and threats, especially in social media, from individuals who may be a risk to themselves or others and *Say Something* to a trusted adult, use the *Say Something* Anonymous Reporting System (SS-ARS) or if emergency, call 911




## Tip Management Process

**STEP 1**



Tipster

**Submit Tip**



Tipster  
(Youth or Adult)  
submits a tip using  
the SS-ARS app,  
website, or hotline

**STEP 2**



Crisis Center

**Process Tip**



Crisis Center  
vets, triages,  
categorizes, and  
delivers the tip to  
teams

**STEP 3**



Teams

**Manage Tip**



Teams assess the  
concern and  
provide support  
and/or  
intervention if  
needed



A teal background with a white speech bubble. Inside the speech bubble, the text "Submitting a Tip" is written in a green, sans-serif font. The speech bubble has a tail pointing towards the bottom-left corner.

Submitting a Tip

## Tip Management Process

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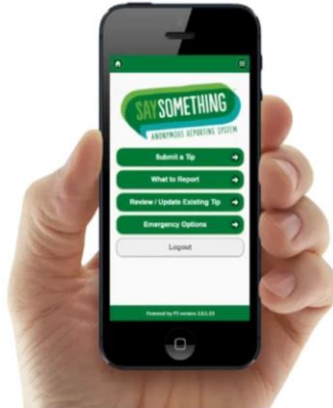


Teams assess the  
concern and  
provide support  
and/or  
intervention if  
needed

## Ways to Submit a Tip 24/7/365

*Tipsters MUST associate themselves with a school in order to submit a tip (even virtual schools!)*

### Mobile App



### Website

<https://www.saysomething.net/>



### Hotline



## Top Tip

### Types:

- Bullying/Cyber-Bullying
- Cutting
- Suicide Threat/Ideation
- Vaping & Substance Abuse
- Anxiety & Depression
- Planned Fights & School Violence



# Submitting a Tip

## Log Into SS-ARS App

**SAY SOMETHING**  
ANONYMOUS REPORTING SYSTEM

Please create your own numeric passcode that you can use to access future reports in this app. A minimum of 4 digits is required.

Enter Passcode

Confirm Passcode

Sign In

## Click Submit a Tip

**SAY SOMETHING**  
ANONYMOUS REPORTING SYSTEM

Submit a Tip

Call The Hotline

What to Report

Review / Update Existing Tip

Logout

Powered by  
PI Global Intel

PROVIDER  
PROMISE

## Select Tip Type

Select One

- Alcohol
- Anger Issues
- Animal Cruelty
- Assault
- Bullying
- Child abuse
- Crisis
- Cyber Bullying
- Dating Violence
- Depression
- Discrimination

## The Tip Form on the Mobile App

Call 911 if this is an emergency.

**What's going on? The more info, the better.**

[Large empty text input area]

**Who are you concerned about?**  
This person is...

[Dropdown menu]

First Name  
[Text input field]

Last Name  
[Text input field]

Nickname  
[Text input field]

School  
[Text input field]

City / Town  
[Text input field]

Address  
[Text input field]

[Text input field]

Additional / Helpful Information  
[Text input field]

**Attachments are super helpful. Upload one here.**  
And after you submit your tip, stick around to chat with someone who can help with your concern.

[Attachment button] [Submit button]

**NOTE:** If you provide your name and/or contact information, you acknowledge that it will be provided to assist in resolving the concern or threat you are reporting. If you deliberately provide false information or use this system to threaten or harass someone, you may be subject to criminal prosecution.

# Submitting a Tip

Additional / Helpful Information

**Attachments are super helpful. Upload one here.**  
And after you submit your tip, stick around to chat with someone who can help with your concern.

**Attachment** **Submit**

**NOTE:** If you provide your name and/or contact information, you acknowledge that it will be provided to assist in resolving the concern or threat you are reporting. If you deliberately provide false information or use this system to threaten or harass someone, you may be subject to criminal prosecution.

**NOTE:**  
When a tipster uploads an attachment, s/he is asked whether the attachment contains any inappropriate content (e.g. **nudity**).

Additional / Helpful Information

**Attachments are super helpful. Upload one here.**  
And after you submit your tip, stick around to chat with someone who can help with your concern.

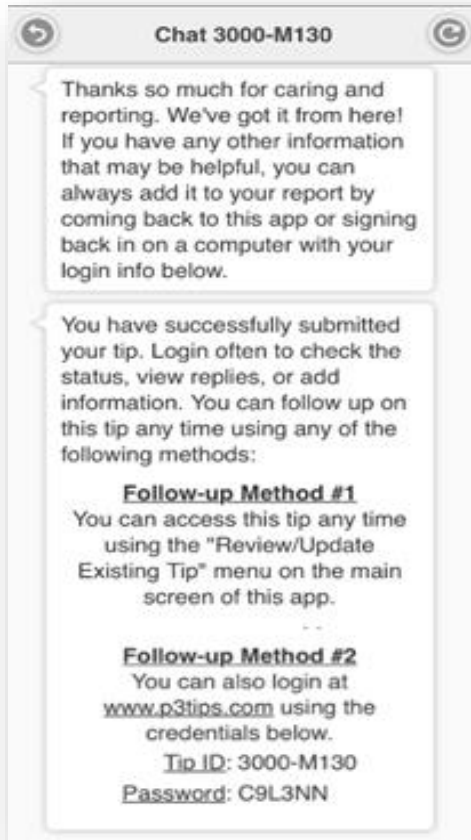
**Question**  
Does your upload contain inappropriate content such as sexually explicit content?

**No** **Yes**

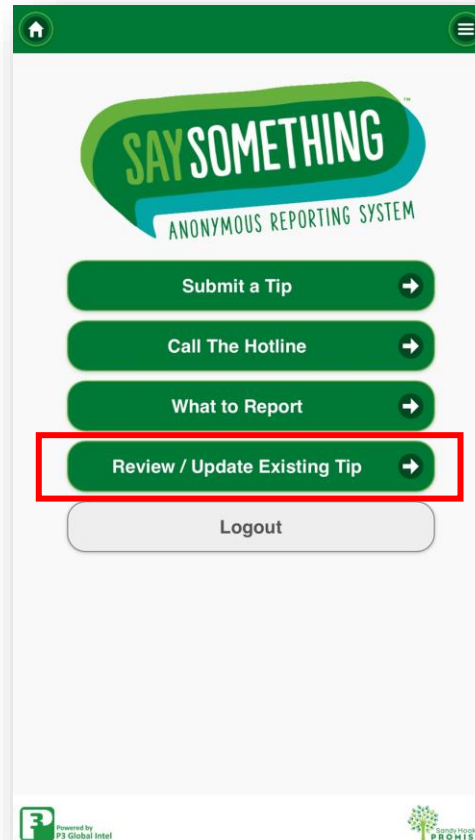
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# Submitting a Tip

## Tip Acknowledgement



## Update Tip (new info)





A teal-colored background with a white speech bubble shape in the center. The speech bubble has a tail pointing towards the bottom-left corner. Inside the white bubble, the text "Processing a Tip" is written in a green, sans-serif font, slanted slightly upwards from left to right.

Processing a Tip

## STEP 1



### Submit Tip



Tipster  
(Youth or Adult)  
submits a tip using  
the SS-ARS app,  
website, or hotline

## STEP 2



### Process Tip



Crisis Center  
vets, triages,  
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## STEP 3



### Manage Tip

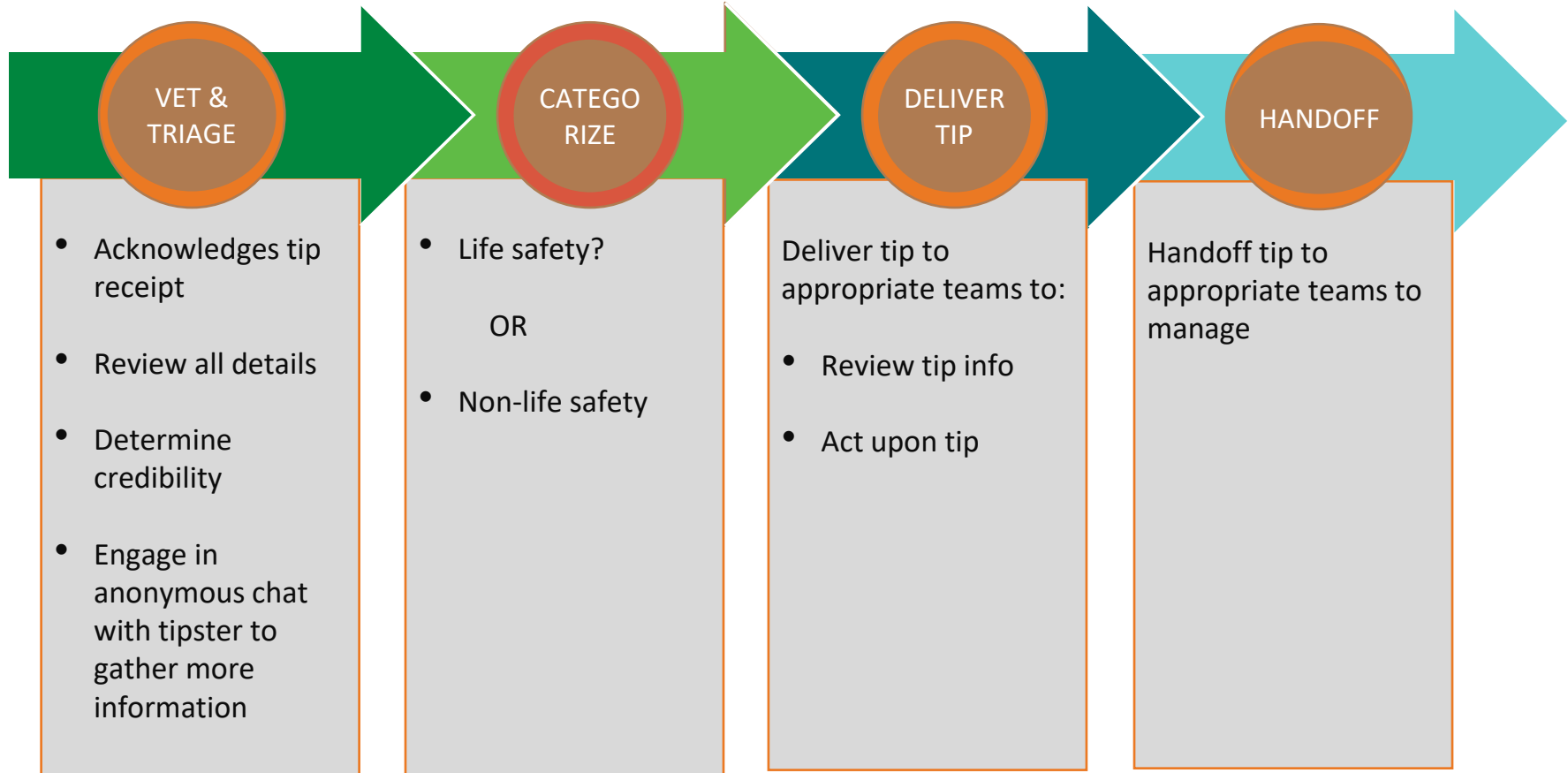


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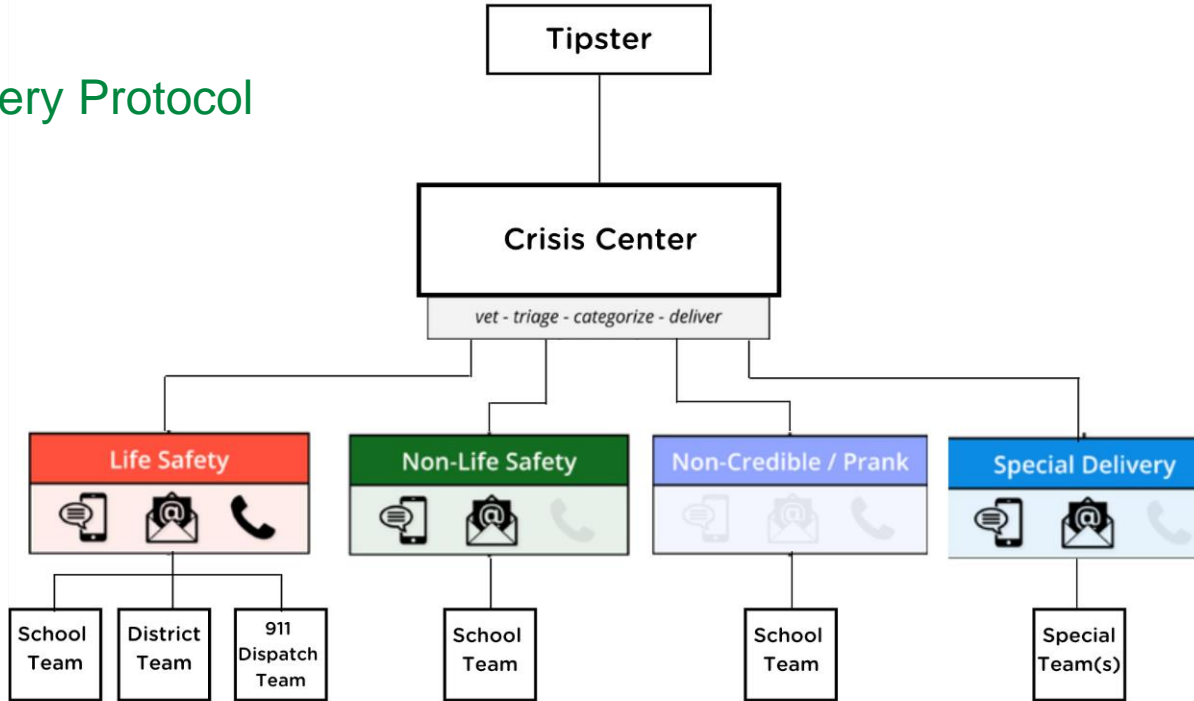
- Experience & Expertise
- Bi-lingual Counselors
- Background Check & Drug Tested
- Educated & Highly Trained
- Real, Caring, Compassionate

# Processing a Tip



# Processing a Tip

## Tip Delivery Protocol



<u>Life Safety Tips:</u>	24/7/365
<u>Non-Life Safety Tips:</u>	6am-6pm M-F
	10am-6pm

Weekends

Sustaining SS-  
ARS

## Culture Shift

Bystanders



Upstanders

## Student Training (new and returning students)





# Questions?

## District Resources

### **School Linked Services**

Jasmine Kroner, School Linked Services Specialist

408-522-2288 x 4056

[jasmine\\_kroner@fuhsd.org](mailto:jasmine_kroner@fuhsd.org)

### **Care Solace**

[www.caresolace.com/FUHSD](http://www.caresolace.com/FUHSD).

# District Resources

## MENTAL HEALTH RESOURCES

FUHSD is committed to both excellence and equity. Maintaining our excellence requires that we commit to ensuring high levels of learning for all students: learning that is not limited to the knowledge and skills measured on state and national assessments. We work hard to support today's students to be the thinkers, leaders and productive citizens of tomorrow, and this includes supporting students mental health and social and emotional wellbeing. FUHSD provides many of these supports through staff that includes guidance counselors, school psychologists, school based therapists (licensed marriage and family therapists) and administrators.

However, we know that student social and emotional health cannot be addressed by schools alone. Thus, we provide students and their families with services and access to community programs that will optimize the health, wellness and safety of our students for them to be successful in the years to come. We encourage you to take advantage of these resources for ensuring the health and wellbeing of your student(s) and family.

WELLNESS CHECK IN FORM

COMMUNITY SERVICES

HIGH SCHOOL SUPPORT STAFF

RESOURCES

CARE SOLACE

You can request to speak with a School Based Therapist or School Psychologist by filling out our FUHSD Wellness Check-In Form for your school site. We take appointments during regular school hours, Monday-Friday from 8 a.m. to 3:30 p.m.

If this is a medical or mental health emergency, DO NOT fill out this form. Call 911 or visit your nearest hospital emergency room if you can get there safely. You can also contact the Crisis Resources listed below directly.

- Cupertino HS
- Fremont HS
- Homestead HS
- Lynbrook HS
- Monta Vista HS
- Educational Options

<https://www.fuhsd.org/students/mental-health-resources>

## CAMPUS CLIMATE, BEHAVIORAL SUPPORT & DRUG AND ALCOHOL INTERVENTIONS

The Fremont Union High School District is committed to continuing to improve the overall safety and well-being of our students and staff. Doing this effectively requires a proactive approach, which includes programs that equip students, parents, teachers, administrators, mental health and wellness professionals, and local law enforcement to take meaningful action to protect our schools. FUHSD is also committed to providing targeted supports and interventions to help every student succeed.

## SAY SOMETHING ANONYMOUS REPORTING SYSTEM

Fremont Union High School District is part of the Say Something Anonymous Reporting System (SS-ARS), a program that teaches students, teachers and administrators how to recognize warning signals and threats on social media, in school or in their community. Students are empowered to Say Something to a trusted adult OR use the anonymous reporting system. Specifically, the program educates participants to:

- Recognize the warning signs of someone who may be at-risk of harming themselves or others;
- Take every warning sign and threat seriously;
- Act immediately to get help by talking to a trusted adult OR reporting it through the telephone hotline, mobile app, or website that is available 24/7/365; and
- Sustain the curriculum and awareness via student clubs, in-school activities, call-to-action weeks and on-going trainings.

The SS-ARS program is provided at no cost by Sandy Hook Promise (SHP), a national non-profit organization. SHP's programs are in 50 states –with 14,000+ schools and over 12 million students and adults trained. They have a track record, reputation and knowledge of how to work effectively with kids, parents and staff to improve school safety and culture.

How to Submit an Anonymous Tip

Submit a Tip Online

Call the 24/7 Crisis Hotline:

1.844.5.SayNow

Report on the Application:

Download the Mobile App on Google Play or in the Apple Store

<https://www.fuhsd.org/parents/interventions-for-drug-alcohol-abuse>

**Thank you for  
joining us**