TOP 10 Executive Functioning Apps



Evernote (free) helps you remember everything across all devices. Stay organized, save your ideas, and improve your productivity; take notes, snap photos, to-do lists, scan business cards, record voice reminders--and it makes everything searchable.



Alarmed (free) reminder + timer app that gives pop-up alerts with repeat scheduling abilities, flexible snooze, and full customization.



Choiceworks (\$14.99) helping children complete daily routines, understand & control their feelings, and improve their waiting skills; designed for caregivers to provide clear and consistent support to foster a child's independence, positive behavior, and emotional regulation at home and in the community.



Quizlet (free) easiest way to practice and master what you're learning. Create your own flashcards and study sets or choose from millions created by other students.



Google Keep (free) capture, edit, share, and collaborate on your notes on any device; add notes, lists, photos, and audio.



Priority Matrix (free) uses the 4 quadrants method to help you focus on top priorities and projects.



First Then Visual Schedule HD (\$14.99) visual supports that you can create and use first then boards, visual schedules, task analysis, social stories, choice boards, and video models.



Forest -Stay Focused (\$1.99) simple way to track your focus when not using your phone. When you open up the app and start your focus session, a small tree will start to grow. The longer you leave your phone unattended, the more trees will grow and the bigger your forest becomes. This encourages you to continue to focus on your specific task and unplug.



myHomework Student Planner (\$4.99) keep track of your class schedule and homework, get reminders for upcoming tests, and sync it across all of your platforms; upcoming homework widgets to see your assignments at a glance.



Focus Keeper (free) customize focus sessions, track productivity, set daily goals, customize alarm sounds, set break times, and set customized focus times.